

**Head Teacher:**  
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ASB/BH

24<sup>th</sup> May 2016

**To Parents of all Year Groups in school**

Dear Parent/guardian

### **Hutton Rudby Primary School Health and Education programme**

This year, our Sex and Relationships Education will take place during the first two weeks of next half of term between the 6<sup>th</sup> and the 17<sup>th</sup> of June. Could I ask all parents to visit our school website and view our Sex and Relationships Policy. This document describes the content and programme of learning for each of our year groups.

For Year 5 and Year 6 children this will include watching a series of short film clips demonstrating some of the changes male and female bodies go through when growing up. We feel it is important that our children are prepared for the changes they face and that they are ready for them.

The Channel 4 Children's Education DVD 'All about Living and Growing – Alternative' will be shown to the children. The DVD is in 3 sections. The sections are Differences, Changes and How Babies are Made.

The Year 6 children will see the three sections of the DVD, starting with the puberty and changes section, followed by sexual reproduction, how babies are made and how babies are born. The Year 6 class will use an additional resource called "Busy Bodies" which parents can find on line. The Year 5 class will focus on puberty and differences.

The teaching and learning will be augmented by a resource used in Stockton Local Authority called the 'Lucinda and Godfrey' material.

After each viewing there will be an opportunity for boys and girls to discuss the learning separately or if preferred, to write a question down and pop it in our 'Askit basket'. You may also wish to discuss things further with your child at home.

If you would like to watch the DVD at home or would like more details about the resources we are using please contact Mrs Grey or Mr Field at school. Alternatively Year 5 and Year 6 parents may wish to visit <https://www.hit.org.uk/index.php/publications/leaflets/item/145-primary-school-sex-and-relationships-pack>

Yours sincerely

*A S Beanland*

Mrs A S Beanland  
Headteacher

